

Quest Food Management

000826 - sandwich- deli bar : k-5 traveling	Components	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: #2 Same Day Service Number of Portions: 1 Size of Portion: serving	Meat/Alt: 2 oz Grains: 2 oz Fruit: Vegetable: 0.25 cup Milk:				? - Milk ? - Egg ? - Peanut ? - Tree Nut ? - Fish ? - Shellfish ? - Soy ? - Wheat

Ingredients	Measures	Instructions
901993 turkey breast cooked skin on 315974.....	1 1/2 ozs	
990093 cheese american.....	1 slice 200 ct	
011252 LETTUCE,ICEBERG (INCL CRISPHEAD TYPES),R.....	1/4 CUP (shredded)	
011529 TOMATOES,RED,RIPE,RAW,YEAR RND AVERAGE....	2 slice, med (1/4" thick)	
011937 PICKLES,CUCUMBER,DILL.....	1 oz	
011206 CUCUMBER,PEELED,RAW.....	1/2 oz	
903576 bread-alpha hamburger white wheat 51535.....	1 each	

*Nutrients are based upon 1 Portion Size (serving)

Calories	260 kcal	Cholesterol	33 mg	Sugars	*5.4* g	Calcium	111.88 mg	25.22%	Calories from Total Fat
Total Fat	7.27 g	Sodium	991 mg	Protein	17.39 g	Iron	2.30 mg	9.62%	Calories from Saturated Fat
Saturated Fat	2.77 g	Carbohydrates	30.77 g	Vitamin A	647.6 IU	Water ¹	95.48 g	*0.00%*	Calories from Trans Fat
Trans Fat ²	*0.00* g	Dietary Fiber	3.76 g	Vitamin C	6.7 mg	Ash ¹	0.98 g	47.42%	Calories from Carbohydrates
								26.80%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

315974 - TURKEY BRST CKD SKN-ON WHL 2PC GSIG

Print

Close



General

Nutrition

Product Image

Based on: As Purchased

Rounding: Off



Description: AP Turkey Breast, Whl, w/Skin, Ckd, GSIG

Ingredients: Turkey Breast, Turkey Broth and 2% or less of the following: Salt, Sugar, S... [More](#)

Nutritional Information			
Serving Size: 2 oz (56 g)			
Amount Per Serving:			
Calories	70	Calories From Fat:	13.5
			% Daily Value
Total Fat	1.5 g		2%
Saturated Fat	0 g		0%
Trans Fat	0 g		
PolyUnSat	n/a		n/a
MonoUnSat	n/a		n/a
Cholesterol	30 mg		10%
Sodium	460 mg		19%
Potassium	n/a		n/a
Total Carbs	1 g		0%
Dietary Fiber	0 g		0%
Sugars	1 g		n/a
Protein	11 g		22%
Vitamin A -	0%	Vitamin C -	0%
Calcium -	0%	Iron -	4%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

School Equivalents	
4 oz	
Child Nutrition Label	No
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Bread	n/a
Updated for New Final Rule	
Meat/Meat Alternate	2.25 oz
Grain/Bread	0.00 oz eq
Fruit	0.00 cup
Vegetable:	

Fat Soluble Vitamins	
Vitamin D	n/a
Vitamin D	n/a
Vitamin E	n/a
Vitamin K	n/a
Vitamin A	0 IU
Vitamin A	n/a

Minerals	
Phosphorus	n/a
Zinc	n/a
Magnesium	n/a

Red/Orange	0.00 cup
Dark Green	0.00 cup
Starchy	0.00 cup
Beans/Peas	0.00 cup
Other	0.00 cup
Notes:	
n/a	

Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	.72 mg
Manganese	n/a
Iodine	n/a

Water Soluble Vitamins	
Thiamin B1	n/a
Riboflavin B2	n/a
Niacin B3	n/a
Pyridoxine B6	n/a
Cobalamin B12	n/a
Pantothenic Acid	n/a
Vitamin C	0 mg
Folic Acid	n/a

Ingredients	<p>Turkey Breast, Turkey Broth and 2% or less of the following: Salt, Sugar, Sodium Phosphate. COMMON ALLERGENS PRESENT: None. Nutrition and ingredient statement updated July 2014. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Back</p>
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LWB
 Larry Wiginton, QA Manager
 6/27/2014

Nutritional information summary for the school dietician

White Wheat Hamburger Buns 60ct

Serving Size: 1 Bun
 Servings per Pack: 60
 Serving Weight: 58 Grams
 2.0 Oz

Product # 51535
 2.00 School Bread Servings
 (Whole Grain-Rich)

Whole Grain:	19.6 Grams each	57% of total Flour
Enriched Flour:	14.9 Grams each	43% of total Flour
Total Flour:	34.5 Grams each	17.3 grams of total flour per each bread serving

ALLERGEN Statement: Contains: Wheat.

Nutrient*	Per Serving	% RDA	
Calories	146.98	7%	INGREDIENTS: Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Wheat Gluten, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Dough Conditioners (Sodium Stearoyl Lactylate, Monoglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Potassium Sorbate and Calcium Propionate (Preservatives), Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate).
Calories from Fat	17.32		
Protein (gm)	6.24		
Carbohydrates (gm)	26.47	9%	
Dietary Fiber (gm)	2.65	11%	
Total Sugars (gm)	3.38		
Total Fat (gm)	1.94	3%	
Saturated Fat (gm)	0.32	2%	
Poly Fats (gm)	0.83		
Mono Fats (gm)	0.83		
Trans Fats (gm)	0.01		
Cholesterol (mg)	0.00	0%	
Sodium (mg)	248.14	10%	
Calcium (mg)	32.02	3%	
Iron (mg)	1.43	8%	
Phosphorus (mg)	86.93	9%	
Potassium (mg)	106.53	3%	
Magnesium (mg)	28.29	7%	
Zinc (mg)	0.65	4%	
Thiamine (mg)	0.22	15%	
Riboflavin (mg)	0.12	7%	
Niacin (mg)	2.27	11%	
Folate (mcg)	31.83	8%	
Vitamin A (IU)	0.00	0%	
Vitamin B6 (mg)	0.06	3%	
Vitamin C (mg)	0.00	0%	
Vitamin D (IU)	0.00	0%	
Vitamin E (mg)	0.23	1%	

* Nutritional analysis is computed from databases.
 "Per Serving" information is unrounded and based on product weight.

Definitions:

"1.0 School Bread Serving" = "1oz of bread, at least 16g flour per oz"

"Whole Grain-Rich" means at least 8 grams of the flour is WHOLE GRAIN (per serving), and the remainder of the flour, if any, is Enriched.

592617 - CHEESE AMER 200CT SLCD 4-5# P/L



General

Nutrition

Product Image



Based on: As Purchased

Rounding: Off



Description: AP Cheese, Amer, Pasteurized, Proc, Slcd

Ingredients: For ingredient or allergen information please contact: Associated Milk Prod... [More](#)

Nutritional Information

Serving Size: 2 Slc (23 g)

Amount Per Serving:

Calories	80	Calories From Fat:	63
			<i>% Daily Value</i>
Total Fat	7 g		11%
Saturated Fat	4 g		20%
<i>Trans</i> Fat	0 g		
PolyUnSat	n/a		n/a
MonoUnSat	n/a		n/a
Cholesterol	20 mg		7%
Sodium	360 mg		15%
Potassium	n/a		n/a
Total Carbs	2 g		1%
Dietary Fiber	0 g		0%
Sugars	0 g		n/a
Protein	4 g		8%
Vitamin A -	6%	Vitamin C -	0%
Calcium -	10%	Iron -	0%

Percent Daily Values are based on a 2,000 calorie diet

Calories Per Gram:

Fat 9 Carbohydrates 4 Protein 4

School Equivalents

Child Nutrition Label	No
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Bread	n/a

Updated for New Final Rule

Meat/Meat Alternate	n/a
Grain/Bread	n/a
Fruit	n/a
Vegetable:	
Red/Orange	n/a
Dark Green	n/a

Fat Soluble Vitamins

Vitamin D	n/a
Vitamin D	n/a
Vitamin E	n/a
Vitamin K	n/a
Vitamin A	300 IU
Vitamin A	n/a

Minerals

Phosphorus	n/a
Zinc	n/a
Magnesium	n/a

Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	
n/a	

Copper	n/a
Selenium	n/a
Calcium	100 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a

Water Soluble Vitamins	
Thiamin B1	n/a
Riboflavin B2	n/a
Niacin B3	n/a
Pyridoxine B6	n/a
Cobalamin B12	n/a
Pantothenic Acid	n/a
Vitamin C	0 mg
Folic Acid	n/a

Ingredients	<p>For ingredient or allergen information please contact: Associated Milk Producers, phone: 800-533-3580. www.ampi.com Manufacturer number: 11D7107. Nutrition updated June 2013. The nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Back</p>
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592617 - CHEESE AMER 200CT SLCD 4-5# P/L

